Compline (Night Prayer)

(We all make the Sign of the Cross as we say the first line)

(Leader) O God, come to my assistance.

(All) O Lord, make haste to help me.

(Leader) Praise the Father, the Son, and Holy Spirit, both now and forever.

(All) The God who is, who was, and is to come at the end of the ages. Amen

Psalms (Psalms are prayed together)

Psalm 4 Thanksgiving

When I call, answer me, O God of justice; from anguish you released me; have mercy and hear me!

O men, how long will your hearts be closed, will you love what is futile and seek what is false.

It is the Lord who grants favors to those whom he loves:

the Lord hears me whenever I call him.

Fear him; do not sin; ponder on your bed and be still. Make justice your sacrifice and trust in the Lord.

"What can bring us happiness?" many say. Let the light of your face shine on us, O Lord.

You have put into my heart a greater joy than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once for you alone, Lord, make me dwell in safety.

Praise the Father, the Son, and Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages. Amen. (pause for some silent prayer)

Psalm 91 Safe in God's sheltering care

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord, "My refuge, my stronghold, my God in whom I trust!"

It is he who will free you from the snare of the fowler who seeks to destroy you; he will conceal you with his pinions and under his wings you will find refuge.

You will not fear the terror of the night nor the arrow that flies by day, nor the plague that prowls in the darkness nor the scourge that lays waste at noon.

A thousand may fall at your side, ten thousand fall at your right, You, it will never approach his faithfulness is buckler and shield.

Your eyes have only to look to see how the wicked are repaid, you who have said, "Lord my refuge!" and have made the Most High your dwelling.

Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.

They shall bear you upon their hands lest you strike you foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.

Since he clings to me in love, I will free him; protect him for he knows my name.

When he calls I shall answer, "I am with you."

I will save him in distress and give him glory.

With length of life I will content him; I shall let him see my saving power.

Praise the Father, the Son, and Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages. Amen. (pause for silent prayer)

Psalm 133 Evening Prayer in the Temple

Come, bless the Lord, all you who serve the Lord who stand in the house of the Lord In the courts of the house of our God

Lift up your hands to the holy place and bless the Lord through the night.

May the Lord bless you from Zion, he who made both heaven and earth.

Praise the Father, the Son, and Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages. Amen. (pause for silent prayer)

Reading

Deuteronomy 6:4-7 (or another reading as chosen) Hear, O Israel: the Lord our God is one God. You shall love the Lord your God with all your heart and all your soul and all your strength.

These words that I teach you today will remain in your hearts. You will teach them to your children; you will speak them as you sit at home and as you go on your journeys; you will speak them when you lie down and when you rise up.

Response

(All) Lord, keep us as the apple of your eye, protect us under the shadow of your wing. (pause for silent reflection)

Canticle

Antiphon (All) Lord, save us while we are awake, protect us while we sleep, for Christ, with whom we keep our watch, will guard our souls in peace.

Canticle of Simeon

(All) Now, Lord, you will let your servant go in peace according to your word, for, my eyes have seen your saving deed, which you have set before all; a light for revelation to the Gentiles, and for Glory to your people Israel.

Praise the Father, the Son, and Holy Spirit both now and forever.
The God who is, who was, and is to come at the end of the ages. Amen

<u>Intercessions</u> (chosen by leader or offered silently)

Act of Penitence

Lord, have mercy. (All) Lord, have mercy. Christ, have mercy. (All) Christ, have mercy. Lord, have mercy. (All) Lord, have mercy.

Closing Prayer

(this or another prayer as chosen by leader) (Leder) Let us pray.

Come, Lord, to our dwelling, and drive the snares of the enemy far away from it. Let your holy angels dwell in it and keep us in peace; and may your blessing be with us always.

Through Christ our Lord, Amen.

Blessing

(**Leader**) May the almighty Lord grant us a restful night and a peaceful death. (All) AMEN

Sign of the Cross

Prayer to our Mother Mary

(All)

Hail Holy Queen
Mother of Mercy,

our life, our sweetness, our hope. To you do we cry, poor banished children of Eve;

to you do we send up our sighs, mourning and weeping in this valley of tears.

Turn, then, most gracious advocate, your eyes of mercy toward us,

and after this, our exile, show unto us the blessed fruit of your womb, Jesus.

O clement, O loving, O sweet Virgin Mary.